

MONDAY:

9:00-10:00 BELLYDANCING

Belly dancing is a great low impact aerobic workout that focuses on your core. We will gently target and strengthen isolated muscle groups through natural body movements. Experience this fun and creative form of dance with a rich history.

9:45-10:15 or 10:30-11:00 MOMMY AND ME FOR TODDLERS 18-35mts. & PK

Join in the fun as your playful toddler or preschooler engages in lively activities designed to stimulate his/her natural curiosity about the world. We'll keep busy with arts and crafts, games and music while learning to socialize with others. Each week will focus on a different fun-filled theme.

10:00-11:00 LINEDANCING

Beginner line dances will be taught for ages 50+.

10:00-10:45 BABY TIME STORYTELLING

Presented by the children's department at Worthington Library, this program included songs, finger play and stories, is for babies 6-24 months and their caregivers.

1:00-1:45 PEE WEE PICASO April 3, 10, 17, 24

Your child will dabble in a variety of fun filled art activities such as painting, sculpture, and even edible crafts. Specific projects will be introduced, however individuality is always applauded. Please wear old clothes. Parent participation is required in preschool classes.

2:00-2:45 MUD PIES April 3, 10, 17, 24

It's true! Kids love dirt! Now they have a chance to create works of art with it. They will learn fundamentals of clay building and pottery wheel use. Please wear old clothes. Parent participation is required in preschool classes.

4:00-6:00 CHEERLEADING

Child will be placed by skill level and age. Basic cheers, chants and motions will be taught. Basic stunts, pyramids, and tumbling will also be instructed. Cheerleaders will learn a 30 sec. to 1 minute dance routine based on their skill level.

4:00-5:30 MEET THE ARTIST

Who was Van Gough, Dali, Cassatt? Come find out about them and other famous artists and try out their type of art too!

4:30-5:30 DOLLS AND MONSTERS April 3, 10, 17, 24

This is doll making with an edge. Children will design and construct their own doll parts to attach to a cloth body. Each doll will be an original created from the unique imagination of each participant. Please wear old clothes.

5:00-6:00 PINT SIZE PAINTING

We'll paint with our fingers, maybe our toes? We'll use big brushes, small toothbrushes, anything GOES!

5:45-5:15 GYMNASTICS 3-5

Beginning tumbling skills with introduction to gymnastics apparatuses such as beam, bars, and springboard will be taught.

6:00-7:00 PUPPET TIME

Make all kinds of puppets out of all kinds of things and bring them to life. We'll work together with our puppets and each other to put on a show or two. **SAVE to bring:** toilet paper rolls, your old white socks, brown grocery bags, and milk cartons.

6:00-7:00 CARDIO MIX

Mix it up in this cardio class with a different workout every week. You'll shape up and build muscle in no time with classes including Boot Camp, Cardio Kickboxing, High/Low, and Interval training. For the strength and training segments, you are welcome to bring your own weights or resistance bands.

6:00-7:00 TAI CHI

Tai Chi is a system moving meditation that uses a series of linked stances to improve balance, flexibility, alignment, and endurance. Promotes circulation, respiration, digestion, and balance.

6:15-7:00 GYMNASTICS LEVEL I 5-8

Beginning tumbling skills with introduction to gymnastics apparatuses such as beam, bars, and springboard will be taught.

7:00-8:00 PENCILS, PENS, PAINT, & PAPER

We'll do lots of painting and drawing of things real and imaginary with some familiar and not so familiar materials.

7:00-7:45 GYMNASTICS LEVEL I 9-12

Beginning tumbling skills with introduction to gymnastics apparatuses such as beam, bars, and springboard will be taught.

7:00-7:45 SPANISH FOR ADULTS

Venture into the exciting world of foreign languages and learn Spanish. Learn colors, numbers, days of the week, the months and basic vocabulary.

TUESDAY:

9:00-10:00 FITNESS FUN FOR 50+

This low-impact aerobics class is specifically designed for those looking for a fun way to increase your cardiovascular system. Enjoy the benefits of a regular exercise program: stress reduction, calorie burning, and group interaction.

10:00-11:00 CARDIO KICK & PUNCH

This class uses both upper and lower body moves from punching and jabbing which increases upper body strength to kicking which increases lower body conditioning. No previous experience required.

1:30-2:15 GLITTER, GIGGLES, & GLUE

Preschools will enjoy making a variety of arts & crafts projects including holiday crafts, seasonal crafts, and educational crafts. Participants should come dressed for a mess, and bring their own smocks to each class.

1:30-3:30 MOSAIC MADNESS

Basic mosaic projects with various materials. Help with a group project. SAVE old towels and broken dishes. Bring hammer/mallet. Will need good fitting work gloves and goggles.

2:00-3:00 SENIOR FITNESS

Low impact aerobics. Will be using low weights, bands, and balls.

4:00-5:00 SUPER FUN ART

Join us for super-fun arts and crafts that will cover a wide range of art projects such as paper mache, holiday crafts, nature crafts, and much, much, more. Students should come prepared to get messy, and bring their own smock to each class.

4:00-5:00 & 5:00-6:00 SOCCER

We will work on a variety of skills and strategies needed for the game of soccer. If you have a ball or shin guards feel free to bring them but they are not required.

5:30-6:30 HARRY POTTER CLUB

If you've read the books and love the stories, join with others to test your wits, make wizard supplies, and treat your taste buds with sweets from Honeydukes on Diagon Alley.

6:00-7:00 THE EXPERIMENTERS CLUB

Come do all the things your parents won't let you do at home. Mix things, make messes, and blow up stuff. In this class we will be doing all kinds of experiments in Chemistry, Physics, Biology, and more. Participants should bring their own smocks and come dressed to get messy.

6:30-7:30 SELF DEFENSE

This class will be much more than an exercise class! Participants will learn self-defense techniques and how to apply them. Athletic clothing is required to attend class.

7:00-7:45 SPANISH FOR CHILDREN

Venture into the exciting world of foreign languages and learn Spanish. Learn colors, numbers, and days of the week, the months and basic vocabulary.

7:30-8:30 ADULT BASIC DRAWING/PAINTING

Learn basic drawing and painting techniques while using a variety of materials.

WEDNESDAY:

9:30-10:30 TRAVELING TIKES

Let's travel the world and learn how we're the same and different from others through music, food, clothes, games, and other activities.

10:00-10:45 TALES FOR TWOS AND THREES

Presented by the children's department at Worthington Libraries, this program, which includes songs, finger play and stories, is for babies ages 2-3 1/2 and their caregivers.

10:15-11:00 FAIRY WINGS AND GLITTER April 5, 12, 19, 26

In this magical workshop we will be creating pixie necessities such as wands, woodland friends and wings. We will be using gobs of glitter so please dress your little ones in old clothes. Parent participation is required in preschool classes.

10:45-11:45 GLOBETROTTERS

Visit countries and learn life there, maybe even the special celebrations going on at this time. We'll keep a travel journal of our finds.

11:15-12:00 MUD PIES April 5, 12, 19, 26

It's true! Kids love dirt! Now they have a chance to create works of art with it. They will learn fundamentals of clay building and pottery wheel use. Please wear old clothes. Parent participation is required in preschool classes.

4:00-4:45 GYMNASTICS LEVEL I

Instruction in basic tumbling skills, vault, bars, and beam. Open to boys and girls. Loose clothing or leotards required. No shoes on mats. Class is based on skill not age.

5:00-5:45 GYMNASTICS LEVEL II

Participants should be able to do a front and backward roll, cartwheel, handstand, and bridge. Also, they should know basic gymnastics vocabulary such as tuck, straddle, Open to boys and girls. Loose clothing or leotards required. No shoes on mats. Class is based on skill not age.

5:00-5:30 SPORTIES FOR SHORTIES

We will be playing games and begin to implement sports. We will do this by incorporating different elements and equipment of different sports into the games.

5:00-6:00 GO SCULPTURE

Let's create 3-D art with all kinds of new stuff. Note: This is not a clay class.

6:30-8:30 BECOMING COMPUTER LITERATE

This series of eight classes will guide participants through the fundamentals of using computers. Learn to navigate the Windows desktop, read and send e-mail, browse the World Wide Web, and use a word processing program to create greeting cards and newsletters, and more. No experience necessary. Registration limited to 6, so each participant has hands-on access to a lab computer at all times. However, you may bring a friend (with their own leisure card) if you wish, and share the computer. Presented by Worthington Libraries.

7:00-8:30 KUNG FU

Efficient and effective self defense. Dramatically improve balance, timing, speed, reflexes, and sensitivity. Master and experience true relaxation.

THURSDAY:

11:00-11:45 DANCE

Beginner ballet, tap, jazz, and creative movement for ages 3-5. Must have proper dress attire and shoes.

12:00-12:45 TUMBLING TOTS

Basic tumbling skills such as rolls, positions, and creative movement will be taught to ages 3-5. Comfortable clothes for moving required.

1:30-2:30 OOEEY, GOOEY, FUN

Preschools will have lots of fun in this messy, funky, icky, and chunky arts and crafts class. All participants should come prepared to get messy, and should bring their own smocks to each class.

1:30-3:30 or 7:00-9:45 ADULT DAY & EVENING CLAY STUDIO

What would you like to make? This is an opportunity to create your own projects. Basic instruction will be available. Everyone will be requested to contribute a bowl for the Empty Bowl Project.

3:30-5:00 COOKING

This class will be a hands-on cooking class, teaching the basic of cooking, nutrition and kitchen safety. Participants should bring smock or aprons to each class. *CAUTION: Please inform the instructor of any food allergies before the first class.*

4:00-5:00 CREATURES OF CLAY

Let's learn about clay as we create creatures big and small, known and unknown! Wear play clothes/art shirt.

5:00-6:00 CRAZY CLAY

Explore hand building and wheel use as we build, paint and glaze and create some crazy art. Wear play clothes/art shirt.

5:00-6:00 ULTIMATE DISC

Learn the basics of ultimate disc from field awareness and scoring to how to hold and throw a disc.

6:00-9:00 TEEN GETAWAYS

Bi-weekly teens events and fieldtrips. Transportation will be provided and fees will vary depending on activity. Teens should register per activity, and monthly schedules will be posted at front desk.

6:00-7:00 CARDIO CHOICE

This cardio class lets you choose your level of intensity and tailor the workout to your specific needs. Movements will be shown in low-impact and high-impact with modifications to suit your level of fitness.

6:30-7:30 GOLF CLINIC 5 wks.

5 one hour lessons. Range balls provided for lesson. 1 month of lab practice. *Lab practice sessions are an opportunity to practice between lessons under the watchful eye of teaching pros who are there to ensure correct form.

6:30-7:30 INTRO TO SCRAP BOOKING

This class is for beginners to learn how to organize your photos and memorabilia. See how to properly store and/ or enhance them with album making options: from vintage to digital. No experience necessary.

FRIDAY:

10:00-11:00 TODDLER PLAYTIME

During toddler playtime parents can play with their children in a safe playful atmosphere with children free to tumble, climb and frolic in our play room.

10:00-11:00 4 HANDS IN CLAY

Big and little hands work side by side to create neat projects and learn clay basics. Wear play/art shirts.

12:00-1:30 STAMP OUR HEART OUT

Create simple and easy stamping projects. Make your own stamp. Consider sharing stamps you may have.

1:00-1:30 SPORTIES FOR SHORTIES

We will be playing games and begin to implement sports. We will do this by incorporating different elements and equipment of different sports into the games.

2:30-3:30 FRESH AIR ART

It's Spring. Let's connect our creativity with nature all around us and make some art such as branch weaving, nature rubbings, garbage monsters, and more. This class is partly outside. WEAR APPROPRIATE CLOTHING FOR BEING OUTSIDE.

3:30-4:30 SEIZE THE DAY WITH ART

Carpe diem! Celebrate the day, season or holiday with art activities. Wear play clothes/art shirt.

4:00-5:30 COOK-N-GO

In this class kids will be preparing a meal for their family, and then take the meal home to be cooked fresh at home. We will also be covering kitchen safety and cooking basics in this class. Each week participants will need to bring their own cooking dishes, utensils and aprons to class. *CAUTION: Please inform the instructor of any food allergies before the first class.*

4:00-5:00 DANCE

Beginners, ballet, tap, and jazz technique. Each week, ½ hr. will be ballet and tap and jazz will rotate. Proper dress attire and shoes required.

4:30-5:30 GROOVIN GIRLS CLUB

This is a time and place just for you. Open for your ideas and interests. Field trips are in the works. We'll be making journals, jewelry, exploring careers and concerns or just having fun together.

5:00-6:00 DANCE

Beginners, ballet, tap, and jazz technique. Each week, ½ hr. will be ballet and tap and jazz will rotate. Proper dress attire and shoes required.

5:00-5:30 GYM JAM

Consist of group games like Red Light, Green Light, Duck Duck Goose, and Freeze Tag just to name a few.

7:30-8:30 DANCE TECHNIQUE ADULTS

Class will focus on ballet, tap, modern, and jazz technique. Each week 2 styles will be broken into ½ hour classes. Choreographed dances for each style will be taught. Loose attire and proper shoes required.

SATURDAY:

9:30-10:15 CLOVERBUDS

Cloverbuds is a 4-H for younger children ages 5-8. Cloverbuds activities are similar to that of the 4-H Club but activities are adjusted to their capabilities and focus more on cooperative learning.

10:30-12:00 4-H CLUB

4-H is a non-formal educational, youth development program offered to individuals ages 9-18. Youth are involved in hands-on, experimental learning that allows learning by doing. Lazelle's 4H club participates in County Fair, Individual and group projects, group trips, and community service.

11:00-11:30 or 11:30-12:00 T-BALL

This is an introduction to tee ball which will continue in the summer. We will work on hitting, fielding, base running and game structure.

1:00-2:00 BUZZY BEES

Acting for beginners. Students will learn creative storytelling and create your own story and act it out. Poetry, monologues, mime to music, and introduction to plays.

1:00-1:30 GYM JAM

Consist of group games like Red Light, Green Light, Duck Duck Goose, and Freeze Tag just to name a few.

1:30-3:30 CREEK CRUSADERS

If you like getting dirty this class is for you. Kids will brave the waters of our local creeks looking for critters, creatures, and other cool stuff. Learn to identify wildlife, do stream sampling and check health of the stream, just like a real scientist. Come prepared to get wet and dirty.

2:00-3:00 CALLING ALL ACTORS

This class focuses on intermediate and advanced level actors. Students will learn various forms and techniques of acting in the entertainment industry. Theatre, commercials, sitcoms, and film. The spoken word and one-act plays will be performed.

3:00-4:00 TRACK AND FIELD

Learn the skills and strategies involved in the sport of track and field.